



Faith Lutheran Church

Newsletter *September 2025*

A Message from Pastor Chris

It's hard to believe that September is already upon us! In typical fashion Summer has flown by in a blur! The season of flowers, lawns, gardens and other crops moving with the energetic swiftness of new life bursting forth to greet the sun is now drawing to an end as we follow the rhythm of the seasons in their relentless turning.



The time of harvest is upon us as planted fields and gardens prepare to deliver their bounty to those who work the land. Even as we offer our thanks to God for the riches of the earth, let us pray that the work of harvest may be done in safety and that we might have the wisdom to use the gifts of food wisely.

Elsewhere we find students and educators making the most of the last few days of their summer break as they prepare to head back to another season of teaching and learning. Please hold them in your prayers, that the time spent in the pursuit of knowledge, wisdom and growth may yield great dividends. We are also collecting school supplies on behalf of *The Urban*—please check our *This Week at Faith* email or contact the Church Office for a complete list of supplies needed.



(continued on page 2)

A Message from Pastor Chris (continued from page 1)



Here at Faith Lutheran Church, September is a busy month as people begin to return from vacations and cottages and our programming finds a new beginning. On September 14th we would invite everyone to take part in our observance of Welcome Back Sunday! Following our Worship Service, we will share a lunch featuring pulled pork from Danny's Whole Hog alongside a variety of side dishes. (I've even heard rumours of ice cream!). We will also have a bouncy castle and other games for children. Please plan to attend!

We are working on creating a new Photo Directory to help build greater connections in our community. Please come out to have your picture taken at no cost between September 16th to September 20th to be a part of the new directory. You will receive a free directory just for coming in for a photo. Appointments can be made after our Worship Service on Sundays or by contacting the Church Office.

The Women of Faith will gather at 10:00 am on Saturday, September 6th for a Bible Study and time of fellowship, while the Men's Breakfast will gather at 8:30 am September 13th. There is a cost of \$5 for the Men's Breakfast. Contact Trevor at cottonwood67@gmail.com to register your attendance for the Men's Breakfast.

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Faith Lutheran Church *Newsletter*

This newsletter helps us achieve our vision: *Faith Lutheran, reflecting God's grace, is seeking to reach out and serve people, primarily in southeast Winnipeg; to become a community of belonging and hope, built on caring and nurturing relationships, and spiritual direction and growth.*

Published periodically, *The Faith Lutheran Church Newsletter* provides spiritual reflection, helps build community, fosters caring and nurturing relationships, and promotes opportunities for fellowship and celebration. The newsletter encourages ways to support our community missions, and provides updates on how we are working towards achieving our vision.

We welcome your contributions, which may be edited for length or style. You can reach us at:

officeadmin@faithlc.ca

(204) 253-1491

Faith Lutheran Church, 1411 Dakota Street, Winnipeg, Manitoba R2N 1V8

A Message from Pastor Chris (continued from page 2)



Feeling musical? Our handbell choir (Jubellation) will resume their weekly practices at 5:10 pm on Sept. 25th and our vocal choir (Faith Singers) will gather at 9:00 am on Sept. 21st All are welcome to participate!



On Saturday, September 20th members of the congregation are invited to join Team Faith Lutheran Church as we Go the Distance for The Urban. Going the Distance is a walk/ride fundraiser for the Lutheran Urban Ministry (The Urban). Participants can either walk .2.5-6 km or ride 25-50 km. You can join Team Faith Lutheran or donate by visiting the Canada Helps event page at <https://www.canadahelps.org/s/jgfGyz>



These are just some of the opportunities to participate as followers of Jesus and members of our Faith Lutheran Church family. We hope you will join us and take part as we gather for learning, service and fellowship.

May God's face shine upon you and bless you this September!

Pastor Chris



Welcome Back Sunday September 14

We will have lunch and fellowship following the 10 am worship service with Pulled Pork supplied by Danny's Whole Hog, salads, ice cream and beverages.

There will be a BOUNCY CASTLE, games, and face painting for the children.

We are encouraging everyone to attend and bring a friend or grandchildren. No registration is required. Hope to see you there!

Greetings from our Council Chair

It is once again time to share some information with you on behalf of Church Council. Summer has flown by as it so often does. Hopefully you were all able to enjoy some rest and relaxation even through the many hot and smoky days we had this season.

As we ease into autumn and a more regular life schedule, it is hoped that you return rejuvenated and are looking forward to cooler weather, abundant garden harvests, and the joy of returning to Faith for worship.

Council did continue to take care of business for the church. We did not meet in July as our Council members needed a little summer vacation. In August we met over a Zoom meeting and eagerly prepared for the beginning of a new church year. It reminds me of going back to school for a new year of learning!

Over the summer, Council approved much needed repairs to the parking lot. Safety is of the utmost importance for the congregation and having a level parking lot increases safety around our building.

Details for Welcome Back Sunday, on September 14th, have been finalized. We look forward to seeing everyone there for fun and fellowship.

Preparations for our 2025 Photo Directory continued to be made. Photos will be taken here at the church from Tuesday, September 16th through Saturday, September 20th. You may book your appointment after Sunday services, or call our Office Administrator, Cathy, during the week. Our hope is that the entire congregation will be in this new directory so that we will be able to connect names with faces, strengthen our faith community, and create a lasting keepsake for years to come. And please remember, you are beautiful!

In closing, it is with great excitement that I look forward to working with Council on new initiatives this fall. There is always something interesting happening here at Faith!

Peace & Blessings,



Laurie Gorman, Council Chair

Treasurer's report

I hope this report finds you well. It is hard to believe that Fall is near, the Summer has gone by so fast. We spent lots of time at our cottage in Lac du Bonnet this summer and a short trip to Alberta.

Faith's income and expenses are tracking near to our planned budget.

If you have any questions, please contact the church office.

Income		
Budget Jan-July 2025	Actuals Jan-July 2025	Difference
\$175,235	\$177,051	\$1,816

Expenses		
Budget Jan-July 2025	Actuals Jan-July 2025	Difference
\$238,940	\$237,793	-\$1,147

Ways to give

- Mail in post-dated cheques or contact our Office Administrator, Cathy, to arrange to drop them off at the office.
- Contact Cathy to set up Electronic Funds Transfer or Pre-Authorized Remittance.
- Donate through our website <https://www.faithlc.ca/> by clicking OFFERING
- Donate via Canada Helps <https://www.canadahelps.org/en/dn/18521>



Bill Byers, Treasurer

Secretary's report

Here are some highlights from the Church Council meetings:

- **Doug Norris Bursary Fund:** monies from this fund will help our youth attend the Canadian Lutheran Anglican Youth Gathering.
- **Book Discussion:** council has finished reading "Fishing Tips: How Curiosity Transformed a Community of Faith" and will be referring to it as they continue to discuss the missional directions of the congregation as begun at the AGM.
- **Cell Tower:** Council has chosen to not proceed further with this request.
- **The Urban AGM:** a member from church council has volunteered to attend as the congregation's delegate.
- **Ordination of our new National Bishop:** Rev. Dr. Larry Kochendorfer will be ordained as our National Bishop on Saturday, September 27th at 4 pm here at Faith.

The next Council meeting is scheduled for September 9th.



Melissa Ulrich, Secretary

Property Committee

The Property Committee and its “faithful” volunteers continue to provide regular set up preparations for events held in the Fellowship Hall and Narthex.

Two new members have joined the Property Committee. They are Virgie Fabbri and Larry Ulrich. We now have a full complement of Committee members

The parking lot at Faith had asphalt repairs and patching completed on August 6, 2025.

A big thank you to Vicki Ramnawaj, Adeline Larter, and Mireille Auclair for planting and looking after our beautiful flowers all summer. They look amazing!

Dean Care, Chair, Property Committee



Join Team Faith Lutheran for the Urban's largest fundraiser!

2025 Walk/Ride Fundraiser, September 20th (rain date Oct. 4th), starting at Abundant Life Lutheran Church from 9:30 am to 1:30 pm. Participants can choose to bike ride through Birds Hill Park (25 or 50 km) or walk a path close to Abundant Life (.25 - 6 km).

A BBQ lunch and fellowship will follow after the walk or ride.

Team Faith Lutheran has been set up through Canada Helps. Deanna Tkach will do the walking, and Rick Sauer is riding. Please join the team and enjoy a time of outdoor energy while helping out The Urban. The more the merrier! Team Faith Lutheran's goal is to raise \$2,500 or more!

Here is the link to Team Faith Lutheran to join the team or to donate, <https://www.canadahelps.org/s/jgfGyz>. The church office will have pledge forms available for those that want to join and collect not using the online option. For more information, contact Deanna Tkach or call the church office.

Confirmation Schedule 2025 to 2026

All classes scheduled for Sundays @ 2-3:30PM unless otherwise noted

*NEW for 2025/2026: there will be 4 Coffee and Catechism sessions for parents/grown ups to attend 15-25 minutes at the start of class on October 19, January 11, February 1 and April 12. These are designed for the adults to connect to their faith and with one another while students are in class.

Faith participates in a City Wide Confirmation Program with pastoral and lay leadership from multiple ELCIC Lutheran Churches in metro Winnipeg, and the MNO Synod. The program is designed to begin in grade 7 and end in grade 9. Our goal is to help you learn more about the Christian faith, the Lutheran tradition specifically, the life of the church, and provide a place to ask questions, build community and have fun to prepare for the rite of the affirmation of baptism (Confirmation Sunday). Each year will focus either on the Bible (one year for focus on Hebrew scriptures, another for the New Testament Epistles and Gospels), and a Catechism year where we review Luther's Small Catechism, the history of the Lutheran Church and the way in which we understand ourselves as church today.

This year, our program looks at the Old Testament, or Hebrew Scriptures. Our classes take place Sundays from 2-3:30PM and will rotate between congregations (schedule attached). Each week, class will be recorded and available to view for those unable to attend in person. In addition to our Sunday classes, there will be additional opportunities to connect faith and life through field trips (TBA) and the MNO Synod's WinterQuest Saturday, February 7th (location and full agenda TBD). Confirmation materials will be presented to confirmation students at the start of the year.

Confirmation students are expected to attend classes and take on active participation in the worship life and ministry of our congregation which may include serving as a worship assistant (acolyte, lector, greeter/usher, assisting minister, communion server, livestream tech, etc.), or within one of our many groups or committees.

City Wide Confirmation FALL 2024 Schedule

All classes scheduled for Sundays @ 2-3:30PM unless otherwise noted

DATE	HOST
October 19*	St. Luke's Zion - 2309 McPhillips St.
Friday October 24 <i>Metro Common Day</i>	Reserved for field trip or retreat day (TBD)
October 26	St. Luke's Zion - 2309 McPhillips St.
November 2	St. Luke's Zion - 2309 McPhillips St.
November 9	St. Luke's Zion - 2309 McPhillips St.
November 16	St. Luke's Zion - 2309 McPhillips St.
November 23	St. Luke's Zion - 2309 McPhillips St.

Children's Ministry at Faith!

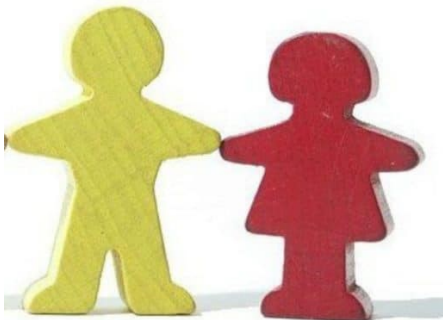
Our Education Moments during worship service will begin again this fall – starting on September 28, 2025. We are excited to continue to learn and share together both in worship and at home through online resources. All past videos, discussion questions, and colouring pages are available here:

<https://www.faihlc.ca/education/sunday-school/>. New materials will be added regularly.

Could you support children's faith formation?

Have you thought about supporting children in our congregation? Would you like to use your gifts and talents to support faith formation? Christian Education Committee is looking for volunteers! You could join the committee, take a turn leading an education moment in worship, uploading virtual materials, helping with a Coffee and Chaos event, or sharing other ideas of how we can learn together. Materials, training, and support are part of each opportunity. If you would like to learn more about getting involved, please email: christianeducation@faihlc.ca.

Ministry-To-Children



2025 Photo Directory

A new photo directory is being created for Faith! This is exciting news as it will help build greater community and foster stronger connections within our congregation. Please come out to have your picture taken at no cost between September 16th to September 20th to be a part of the new directory. You will receive a free directory just for coming in for a photo.

Should you wish to purchase a copy of your picture, you may do so at the same time as you have your photo taken and select your picture for the directory. There is no obligation to purchase anything.

Appointment bookings may be made on Sundays after service or by calling the office from Monday to Friday. Thank you to all who have already booked their photo appointments!

We are now ready to collect candid photos of the many church groups engaged in activities here at Faith. Please send these photos to Cathy in the office.

Please continue to check the weekly bulletins as more information will follow as the date draws closer.



SHOUT OUT

An update on our Youth Ministry - Director of Youth Ministry

Hello all, I hope you had a wonderful summer! We had a wonderful time on the bus trip and at CLAY. We are looking forward to the fall when we will be doing events such as the corn maze, and Halloween festivities. More details to come! We will also be planning events with more churches this year which will be exciting! Our joint city wide confirmation classes will be starting again in September, please reach out if you are interested in attending!



As a pre-CLAY event we made these beautiful tiles and got to know one another before we left.

We had a great time on our CLAY trip! We joined with Trinity Lutheran Church from Starbuck MB and were 8 youth and two leaders. It was great to be part of a bigger team, and it was very exciting that we had 6 youth from our congregation!

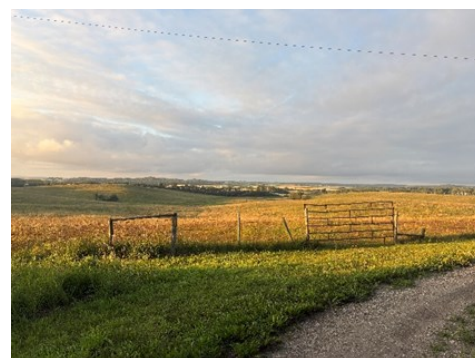
We departed on our adventure on Monday August 18th from Messiah Lutheran Church and headed to Erickson MB. Once we got there, we were generously fed supper by their congregation. We played some group games and got to know the folks from other churches in the MNO Synod who we would be staying in tents or cabins with for the first two nights. We enjoyed an informative presentation about bear safety from Friends of Riding Mountain. The highlight of the first day for me was when we got to hear from Aaron McKay, from the Anishinaabe community. He spoke to us about their creation story which starts with clay. He shared important information about the land we would be on for the next few days. About the hunting, language and other histories of the indigenous folks of the region. We ended our day getting settled at 9 Finger Ranch for the night.



Tuesday, we enjoyed the beautiful landscape around us and did a lovely morning prayer. We thought about “where God was in all of this”. Our group had some conversations about what made us feel God’s presence. Youth had the option to ride horses and had a lot of fun! We got to choose how we spent the morning: playing games, visiting, reading etc. We made a hot dog lunch thanks to Erickson Lutheran. In the afternoon, we explored the town of Wasagaming and had a yummy group supper. In the evening, we had the pleasure of getting to enjoy a youth indigenous drumming group. They had dancers for us. I loved listening to them share some of their knowledge with us. They showed us some of the styles of dances that the elders in their communities do such as the jingle dance. At the end we got to all participate in the friendship dance. We finished off the night with smores and a devotion.



Wednesday, we had an early start due to a 5:00 am thunderstorm. Those in tents woke up and moved inside. Some played cards and some went back to sleep. We had a yummy warm breakfast at a local golf club and started our drive to Camp Kinasao in Saskatchewan. On the bus, we got to see groups intermingling and making new friends. There were lots of naps in the morning and then laughs in the afternoon. It was nice to see another Canadian Lutheran camp. I liked that we were using those spaces. We made it in time for supper, had some free time to get settled and visit with one another. We had a blast doing some group games. We settled down with some time for prayer and reflection as we heard the drizzling rain on our cabins.





Thursday was the start of CLAY and the end of the bus trip! This was an exciting change but still an adjustment from the first half of the trip. We packed up our cabins and had a yummy breakfast. We took time to do a healing worship service to bless us on our way and strengthen us for what the rest of the week had in store. We made it to Saskatoon and moved our stuff into the hotel and got some lunch. I attended an orientation for leaders and we got registered. CLAY was at two churches that were close together. We spent time before supper getting comfortable with the space and talking about what was upcoming in the CLAY schedule. We talked about what we were looking forward to and nervous about. Deacon Michelle made a word cloud with our reflections from the week.



Friday, the second day at CLAY! This was a very impactful day because we got to attend Wanuskewin, an Indigenous site which has been nominated as a UNESCO Indigenous heritage site. It was moving to see the dances they performed for us. We divided into smaller groups and did various programs they offer. We got to learn about how great plain tipis are built, as well as the 15 teachings that are represented by the poles, things like faith, humility, love, and happiness. The next sessions we did were about the site itself and how it was historically used when people lived there for things like bison harvesting. In the large group gathering we really enjoyed the time for worship and reflection. We prayed together and thought about how youth can be part of the greater church. The CLAY messaging this year was Rooted and Rising which touched on how we should be authentically ourselves so that our gifts from God can show, how we can grow through times of doubt, and how we can help foster those in our communities. We enjoyed some of the late-night spots with dodgeball, dance, and the chill zone. We spent quality time as a group in the hotel pool.



Saturday, this was our last full day at CLAY! In the large group gathering did an inspiring exercise thinking about things that were holding us back in our faith journeys and practiced releasing them by making them into paper airplanes. I could feel the emotion in the room as we did this and as we were reminded of God's all-encompassing love for all! We had a breakout session where we talked about the things that the church is doing well and ways that we could improve. This was a very powerful discussion. We had to summarize our thoughts in one word and make it with our bodies, and we chose the word love. In the afternoon we separated into workshops which included things like a river clean up, queer and Christian without contraction, justice work with the CLWR, and theatre to name a few. We had a great debrief as a group about our workshops and things that stood out to us. We appreciated the CLWR- Friends of Creation project and felt moved to partake, we are working on that now. In the afternoon we enjoyed the CLAY carnival which was nice time at a park playing games and getting to connect with other youth. There was a very fun train! We enjoyed some of the late-night spots again like the pride party and Karaoke. We had an early night since we had to be up early to move out of our hotel rooms on Sunday.



Sunday, the last day. We woke up and finished packing up our things and cleaning our rooms! We headed downstairs for a nice breakfast as a group and checked out. We had one last large group gathering which had communion. I found it very nice to participate in worship with three hundred people from across the country. The seedlings that we had been discussing throughout the gathering blossomed into flowers. The message for youth was that they are enough and worthy just as they are! We talked about how Faith even the size of a mustard seed can take us a long way! The National Youth Project "And It Was So" focuses on climate justice which is a topic that we young people feel very passionate about. We want to ensure that we are keeping our planet safe so that it will last for future generations. We got on the bus at noon and made it back to Winnipeg at 11:00 pm with a few stops along the way. It was moving to see how we all had grown and made connections during the trip. I noticed a lot of reflection about this and how the trip was from youth. We also enjoyed some quiet and rest after a busy week!



Our youth group said: "It wasn't always easy, but I learned so much: I am more confident and better with making new friends and have a sense of accomplishment". "I loved being with so many people that love God and each other." "Meaningful interactions and conversations have changed my perspective and created growth." "CLAY is a great way to connect with other youth, strengthening the relationships with each other and God." "We helped each other through challenges such as the storms in the tents." "Overall, it was a wonderful experience."

I can say from personal experience that I feel so fulfilled from this trip. We cannot wait until 2027 for the next CLAY in Nanaimo BC which is very exciting! We are so grateful to have had this experience and want to thank everyone involved and the congregation for supporting us in going. We couldn't have done it without you!

We would love to have other youth join our group so that they can come on our next adventure. Our youth group is targeted for people grades 7-12 and all are welcome! Please reach out to me the Director of Youth Ministry at Faith, via email youth@faithlc.ca or you can call the church office at (204) 253-1491.

Women of Faith

Please join us for Bible Study on September 6th, 2025 at 10:00am



What Would Joseph Say?

Please join us for Bible Study on October 4th, November 1st and December 6th, 2025, at 10:00 am

*One Extraordinary Night
The Shepards, The Shekinah Glory and Good News of Great Joy*

If you are looking to study the Bible and hoping to meet some enchanting women for fellowship and friendship, we may be the small group you are seeking. We usually meet the first Saturday of the month unless it is during a holiday weekend.



Men's Breakfast

The Men's Breakfast will hold their men's breakfast on Saturday 13, at 8:30 am until 10:00 am in the Blue Room. All men in the congregation are invited to our breakfast, along with sons, neighbours etc. Please respond to Trevor or contact the church office for more information.



Faith Singers

Faith Singers will resume practice on September 21, 2025 at 9:00 am. Please join us for fun fellowship, and small group ministry.

No experience or ability to read music necessary. We sing approximately 1 Sunday a month. Invite a friend to check us out.

Any questions please approach Randall Klapat or call the church office.



Jubellation Invitation September 2025

Fall is coming soon and that means Jubellation will start rehearsals again. We welcome all returning ringers and anyone who thinks they would like to try it for the first time. Rehearsals will take place on Thursdays from 5:15-6:15 in the sanctuary.

Our first rehearsal will be September 25. We usually play once a month on Sundays and then also for special occasions like Christmas and Easter.

If you have any questions message me (Sandra Brown Day) or contact the church office.



Charitus awards \$1,500 grant to Community Missions for Street Links and Rene Deleurme support

The Community Missions Committee has been awarded a \$1,500 grant from Charitus— a national organization that manages investments for churches in Canada and helps people set up legacy gifts.

Community Missions will split the funds between St. Boniface Street Links and the Rene Deleurme Centre, allocating \$750 towards each group. The monies will help support the work we do in preparing nutritious food for the unhoused community served by Street Links; and providing high protein items and baby formula for families served by the Rene Deleurme Centre.

The funds will help augment the monies included by Council in Community Missions' 2025 budget.

'We were delighted to receive this grant, as food costs continue to rise. It will enable us to further expand the impact of our work with those experiencing homelessness or living with complex poverty needs in our community,' says Marlene Klassen, Chair of the Community Missions Committee.

The Committee applied for a Charitus community grant in May, and received confirmation in July that a grant had been approved.

Charitus began in the mid-1990s, when the Eastern Synod of the Evangelical Lutheran Church in Canada began looking into ways to encourage its members to make planned gifts to the church. Charitus was registered as a public charitable foundation in 2007.

Street Links continues to help the homeless

During the summer the Community Missions team made several deliveries to Street Links, of either 15 dozen eggs or five dozen ham and cheese sandwiches every two to three weeks.

These are shared with those staying in the shelter at 604 St. Mary's Road, and are also given out by Street Links' Outreach Team to those who are unhoused. Those living in sobriety at Morberg House boil the eggs so they can easily be distributed by the Outreach Team to people living outdoors.

Street Links Outreach Team regularly patrols the extensive network of parks and recreational spaces along the Red and Seine Rivers, visiting folks who are living outside and connecting them to services such as healthcare and housing. In July alone, Street Links moved 22 people into private rental units and secured housing for 11 more who were to move from homelessness to housed on August 1. The Outreach Team also cleaned up trash and discarded needles from a number of encampments.

September Appeal:

Rene Deleurme Centre Toiletry Drive

The René Deleurme Centre (RDC) is a community learning centre that supports children and their families in the Louis Riel School Division. These families are primarily newcomers to our country and those that are experiencing financial challenges. Faith Lutheran Church members have been supporting this important ministry for the past three years by providing food to help fill their community cupboard and clothing depot.

As an additional support the Community Mission Committee is hoping you can help fill a bin with much needed toiletries for men, women and children in September. The bin will be labelled and can be found in the narthex. Any donations would be greatly appreciated.



October Appeal: Street Links

Cleaning out your closet? Here's what's most needed

Street Links has asked for the following 'most needed' items for fall for those who are experiencing homelessness:

- t-shirts, sweatshirts and sweat pants
- socks
- winter jackets, toques and mitts

Gently used clothing is fine. Underwear is also urgently needed -- size small for women and medium for men.

We have started collecting socks as well as women and men's underwear. Your donations are greatly appreciated by those who need these items. Please leave any donated items in the Street Links bin in the narthex.

Watch for updates in the weekly email.



Sleep in Heavenly Peace bed build April 11, 2026 - save the date



Sleep in Heavenly Peace (SHP) is a volunteer organization that with the help of monetary donations and the giving of time from people, make beds for children that don't have a bed of their own to sleep in. A date for the next SHP bed build is on Saturday April 11th, 2026. A sign up date will be put up closer to the date with specific details.

If you are interested in donating bedding or making a quilt for one of the beds please contact the church office.



Wednesday Morning Fellowship Group

The members of the Wednesday Morning Fellowship Group are knitting, crocheting, painting, quilting, embroidering and cross stitching up a storm!!

Come join us every Wednesday from 10 to 12. Bring your project to work on or join one of ours. We make blankets for adults and babies, hats, mitts and scarves for the unhoused and prayer shawls.

And if you just want to come and share a coffee and goodies and have a chat, we welcome your company!

Also, if anyone has yarn that they no longer need, we would be happy to take any donations.



“Reconciliation is getting to know one another”

Mary Simon, Governor General



August 2025 News from your Ministry Manager

August is always a busy month! The Urban is always closed for holidays in July, and we were open again this past Sunday for our Urban worship service on August 3rd. Even though it was a long weekend, there were thirty in the service including six children/youth.

Summer goes so quickly and the talk is already about school starting! I had a chance to catch up on some news of life events from some people who attended last Sunday. Our topic this week in all three sharing circles will be “how is your week going / what’s on your mind”? Lots to catch up on and so many things in life can happen from one month to the next!

I was thinking today about the word **resilience**. The American Psychological Association defines resilience *as the process and outcome of successfully adapting to difficult or challenging life experiences, especially through mental, emotional and behavioral flexibility and adjustment to external and internal demands.*

We all go through so many things in life. Most of which we never would have expected when we were 18 years old and life was ahead of us. It’s a good thing in many ways that we don’t know all that when we’re 18 – we’d panic and assume we could never get through it. Somehow, we do it the best we can with the tools we were given and learning through trial and error and hopefully people walking with us along the way. That old expression we have after the age of 50, “if only I knew then what I know now”!

I’m always in awe of the resilience of our Urban community. I constantly see the inner strength and hear so much wisdom about living. Those who struggle on the margins, living with poverty, illness, disability, food and housing insecurity, racial bias, etc. survive through an incredible amount of inner strength and persistence: in other words - resilience.

To our MNO Congregation Members and Clergy: *Please join us anytime in Sunday worship at 1:30 and pray with us – and join us anytime in fellowship in our sharing circles:*

Sunday Worship Service: door opens at 1:00 p.m. with coffee/tea. Worship service 1:30 – 2:15 p.m.

Men’s Lunch/Sharing Circle every Wednesday - Downstairs at Noon

Please stop by at 12:00 p.m. Noon (*ring the doorbell*) for lunch and great fellowship and conversation!

Women’s Sharing Circle every Wednesday at 2:00 p.m. (until 3:30 p.m.)

Please arrive at 2:00 p.m. (*ring the doorbell*) for coffee/tea/dessert and great fellowship and conversation!

Women’s Drop-in every Wednesday from 4:00 – 5:30 p.m.

Please drop in (*ring the doorbell*) for coffee/tea/cookies and visiting together! Kids & grandkids welcome to come with you and we have colouring and arts and crafts to keep them busy.

Co-ed Sharing Circle every Thursday at 4:30 p.m. (please arrive at 4:30 p.m.)

(*ring the doorbell*) Join us for great fellowship and conversation! And coffee/tea/dessert.

- Rhonda Gorham, Ministry Manager, Lutheran Urban Ministry Corp.

Cooking for the King

Cooking for the King is a small group of committed people from our Church, as well as friends of the Church, who love food and want to reach out to anyone in need of a good meal.

They meet monthly to fill our Church freezer with food that is available to anyone in need of this support.

Sometimes this need is due to illness, sometimes it's a crisis in their family, sometimes it may be the happy advent of a new baby or many other such life events that may bring stress.

Whatever the need, these tasty home cooked meals are available to all. To accomplish this, our group meets one Saturday of each month to prepare a variety of soups and casseroles to be placed in the freezer for future need.

Cooking for the King also helped the Urban four times this year.

The members of Cooking for the King worked together to make 120 sandwiches for the lunch bags delivered at the Urban mission .

We look forward to meet and cook for this new year 2025-2026.

We are always looking for more members!

Everyone with a passion for cooking and serving is welcome to join.

If you would like to know more about Cooking for the King, contact Elaine or the church office.

These tasty home cooked meals are available for distribution to help someone in need, by contacting the Pastor or our office administrator (204.253.1491) or any member of Cooking for the King team.



FAITH GARDENS INC.

August 2025



Faith Gardens Inc. has been involved in the ministry at River Park Gardens even before the doors opened to accept the first residents. The pictures above show one of the dining rooms before opening and Theresa Oswald cutting the ribbon at RPG Grand opening with FGI's Chair assisting. Faith Lutheran Church initiated the idea of a Personal Care Home in South St. Vital, purchased the property, developed the plans and role and function statement. Our Advisory Committee still works hand in hand with RPG administration and the WRHA. Our mission is to enhance the lives of all residents and to support the families and staff at RPG. The Spiritual Care Provider and her service at RPG is one of our major successes. If you've had occasion to experience the care provided by Marigold and all of the other dedicated staff at RPG, please consider supporting the Spiritual Care Ministry to River Park Gardens.



Donations large or small are always accepted with gratitude. Donation cards are displayed next to the Donor Tree at the main entrance or the easiest way to donate is through Canada Helps. This QR code takes you right to FGI's page.

You may also use a cheque made to:

Faith Gardens Inc.
send to:
Faith Gardens Inc.
1311 Dakota Street
Winnipeg, Manitoba
R2N 1V8



Faith Lutheran Book Club Chapter 1

Faith Book Club Chapter 1 meets in the Blue Room at the church on the 4th Tuesday of the month September to June (except for December) at 7:00 p.m.

We are a small group that comes together to share our love of reading. Our discussions are lively and create a deeper understanding of the novels and topics explored in them.

New members are always welcome.

Contact Bernice Feely or the church office with any questions.

Faith Book Club Chapter 1 Schedule for 2025-2026

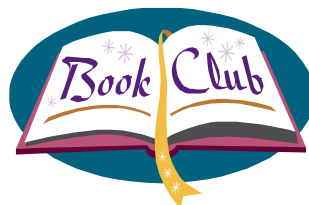
September 23, 2025	<i>The Briar Club</i> by Kate Quinn
October 28, 2025	<i>The Extraordinary Life of Sam Hell</i> by Robert Dugoni
November 25, 2025	<i>Three Days in June</i> by Anne Tyler
TBD	Decorate River Park Gardens for Christmas and Luncheon
January 27, 2026	<i>Lady Tan's Circle of Women</i> by Lisa See
February 24, 2026	<i>The Art Thief</i> by Michael Finkel
March 24, 2026	<i>The Dutch House</i> by Ann Patchett
April 28, 2026	<i>The Hotel on Place Vendome: Life, Death and Betrayal at the Hotel Ritz</i> by Tillar J. Mazzeo
May 26, 2026	<i>The Frozen River</i> by Ariel Lawson
June Potluck and book selections	– date to be determined

Our Fall selections are:

September 23, 2025 – *The Briar Club* by Kate Quinn

Washington, D.C., 1950. Everyone keeps to themselves at Briarwood House, a down-at-the-heels all-female boarding-house in the heart of the nation's capital, where secrets hide behind white picket fences. But when the lovely, mysterious widow Grace March moves into the attic, she draws her oddball collection of neighbors into unlikely friendship: poised English beauty Fliss whose facade of perfect wife and mother covers gaping inner wounds; police officer's daughter Nora, who is entangled with a shadowy gangster; frustrated baseball star Bea, whose career has ended along with the women's baseball league of WWII; and poisonous, gung-ho Arlene, who has thrown herself into McCarthy's Red Scare.

Grace's weekly attic-room dinner parties and window-brewed sun tea become a healing balm on all their lives, but she hides a terrible secret of her own. When a shocking act of violence tears apart the house, the Briar Club women must decide once and for all: Who is the true enemy in their midst?



Faith Lutheran Book Club Chapter 1 - continued

October 28, 2025 – *The Extraordinary Life of Sam Hell* by Robert Dugoni

Sam Hill always saw the world through different eyes. Born with red pupils, he was called “Devil Boy” or Sam “Hell” by his classmates; “God’s will” is what his mother called his ocular albinism. Her words were of little comfort, but Sam persevered, buoyed by his mother’s devout faith, his father’s practical wisdom, and his two other misfit friends.

Sam believed it was God who sent Ernie Cantwell, the only African American kid in his class, to be the friend he so desperately needed. And that it was God’s idea for Mickie Kennedy to storm into Our Lady of Mercy like a tornado, uprooting every rule Sam had been taught about boys and girls.

Forty years later, Sam, a small-town eye doctor, is no longer certain anything was by design—especially not the tragedy that caused him to turn his back on his friends, his hometown, and the life he’d always known. Running from the pain, eyes closed, served little purpose. Now, as he looks back on his life, Sam embarks on a journey that will take him halfway around the world. This time, his eyes are wide open—bringing into clear view what changed him, defined him, and made him so afraid, until he can finally see what truly matters.

Faith Lutheran Book Club Chapter 2

Faith Book Club Chapter 2 meets offsite usually on the fourth Thursday of the month. Please join us for a lively book discussion and Fellowship. Contact the church office for location.

In June we picked books for the new season.

September 18 th	<i>Blood Brothers</i> by Elias Chacour with David Hazard
October 23 rd	<i>The Name of the Wind</i> by Patrick Rothfuss
November 27 th	<i>Miss Morgan's Book Brigade</i> by Janet Skeslien
December 11 th	Annual Christmas dinner
January 22 nd 2026	<i>The Berry Pickers</i> by Amanda Peters
February 26 th 2026	<i>The Wedding People</i> by Alison Espach
March 26 th 2026	<i>The Invisible life of Auddie Larue</i> by V.E. Schwab
April 23 rd 2026	<i>James</i> by Percival Everett
May 28 th 2026	<i>The Book of Doors</i> by Gareth Brown
June 25 th 2026	2026-2027 book selection

The selection for September is *The Name of the Wind* by Patrick Rothfuss

Told in Kvothe's own voice, this is the tale of the magically gifted young man who grows to be the most notorious wizard his world has ever seen. The intimate narrative of his childhood in a troupe of traveling players, his years spent as a near-feral orphan in a crime-ridden city, his daringly brazen yet successful bid to enter a legendary school of magic, and his life as a fugitive after the murder of a king form a gripping coming-of-age story unrivaled in recent literature.

A high-action story written with a poet's hand, *The Name of the Wind* is a masterpiece that will transport readers into the body and mind of a wizard.

The selection for October is *Blood Brothers* by Elias Chacour with David Hazard

The Dramatic Story of a Palestinian Christian Working for Peace in Israel. As a child, Elias Chacour lived in a small Palestinian village in Galilee. The townspeople were proud of their ancient Christian heritage and lived at peace with their Jewish neighbors. But early in 1947, their idyllic lifestyle was swept away as tens of thousands of Palestinians were killed and nearly one million forced into refugee camps.

An exile in his native land, Elias began a years-long struggle with his love for the Jewish people and the world's misunderstanding of his own people, the Palestinians. How was he to respond? He found his answer in the simple, haunting words of the Man of Galilee: "Blessed are the peacemakers." In *Blood Brothers*, Chacour blends his riveting life story with historical research to reveal a little-known side of the Arab-Israeli conflict and the birth of modern Israel. He touches on controversial questions such as "What behind-the-scenes politics touched off the turmoil in the Middle East?", "What does Bible prophecy really have to say?", and "Can bitter enemies ever be reconciled?"

Originally published by Chosen Books in 1984 and now expanded with a new introduction by the author, a new foreword by former Secretary of State James A. Baker III, and a "Since Then" epilogue by writer David Hazard, this compelling book offers readers hope-filled insight into living at peace in the most volatile region of the world.